

Monday Pool usage schedule for Fall 2016

(Until High School Season begins October 31)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool	
6:00 AM	Commanders										
6:30 AM	Commanders										
7:00 AM	Commanders										
7:30 AM	Commanders										
8:00 AM						Water Walking					
8:30 AM						Water Walking					
9:00 AM					Senior Water Walking			Lessons			
9:30 AM	Lessons				Senior Water Walking			Lessons			
10:00 AM	Lessons				Lessons						
10:30 AM					Lessons						
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											
1:00 PM											
1:30 PM	Lessons										
2:00 PM	Lessons										
2:30 PM	Lessons										
3:00 PM	Lessons						Lessons				
3:30 PM	Lessons						Lessons				
4:00 PM	Lessons						Lessons				
4:30 PM	Lessons						Lessons				
5:00 PM	Commanders										
5:30 PM	Commanders										
6:00 PM	Commanders										
6:30 PM	Commanders								Deep H2O 1		
7:00 PM	Commanders								Deep H2O 2		
7:30 PM	Commanders								Deep H2O 2		
8:00 PM											
8:30 PM					Masters Swim Team - HAM						
9:00 PM											

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

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	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool					
6:00 AM	Commanders														
6:30 AM															
7:00 AM															
7:30 AM									Deep H2O 2						
8:00 AM															
8:30 AM									Deep H2O 1						
9:00 AM															
9:30 AM						Water Aerobics									
10:00 AM							Therapeutic		H2O Aer						
10:30 AM															
11:00 AM															
11:30 AM															
12:00 PM															
12:30 PM															
1:00 PM															
1:30 PM															
2:00 PM															
2:30 PM															
3:00 PM															
3:30 PM															
4:00 PM															
4:30 PM															
5:00 PM	Commanders						Lessons								
5:30 PM															
6:00 PM															
6:30 PM															
7:00 PM															
7:30 PM															
8:00 PM															
8:30 PM	Masters Swim Team - HAM														
9:00 PM															

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Wednesday Pool usage schedule for Fall 2016

(Until High School Season begins October 31)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool	
6:00 AM	Commanders										
6:30 AM	Commanders										
7:00 AM	Commanders										
7:30 AM	Commanders								Deep H2O 2		
8:00 AM						Water Walking					
8:30 AM						Water Walking					
9:00 AM					Senior Water Walking						
9:30 AM					Senior Water Walking						
10:00 AM											
10:30 AM											
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											
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1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM							Lessons				
5:00 PM	Commanders						Lessons				
5:30 PM	Commanders						Lessons				
6:00 PM	Commanders						Lessons				
6:30 PM	Commanders								Deep H2O 1		
7:00 PM	Commanders								Deep H2O 1		
7:30 PM	Commanders								Deep H2O 2		
8:00 PM	Commanders								Deep H2O 2		
8:30 PM											
9:00 PM											

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There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

Thursday Pool usage schedule for Fall 2016

(Until High School Season begins October 31)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool																								
6:00 AM	Commanders																																	
6:30 AM							Commanders																											
7:00 AM													Commanders																					
7:30 AM																			Deep H2O 2															
8:00 AM								Deep H2O 2																										
8:30 AM									Deep H2O 1																									
9:00 AM							Lessons		Deep H2O 1																									
9:30 AM						Water Aerobics																												
10:00 AM							Therapeutic	H2O Aer																										
10:30 AM																																		
11:00 AM							Lessons																											
11:30 AM																																		
12:00 PM																																		
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2:30 PM																																		
3:00 PM																																		
3:30 PM																																		
4:00 PM																																		
4:30 PM							Lessons																											
5:00 PM	Commanders										Lessons																							
5:30 PM					Commanders												Lessons																	
6:00 PM															Commanders								Lessons											
6:30 PM																					Commanders								Lessons					
7:00 PM									Commanders																								Lessons	
7:30 PM	Commanders																										Lessons							
8:00 PM					Commanders														Lessons															
8:30 PM													Commanders				Masters Swim Team - HAM																	
9:00 PM																	Commanders						Masters Swim Team - HAM											

Scheduled group activities have priority for lane usage throughout the day.

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Friday Pool usage schedule for Fall 2016

(Until High School Season begins October 31)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool	
6:00 AM	Commanders										
6:30 AM	Commanders										
7:00 AM	Commanders										
7:30 AM	Commanders										
8:00 AM						Power Splash					
8:30 AM						Power Splash					
9:00 AM					Senior Water Walking						
9:30 AM					Senior Water Walking						
10:00 AM											
10:30 AM											
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											
1:00 PM											
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM							Lessons				
4:30 PM							Lessons				
5:00 PM	Commanders										
5:30 PM	Commanders										
6:00 PM	Commanders										
6:30 PM	Commanders										
7:00 PM	Commanders										
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

Saturday Pool usage schedule for Fall 2016



The pool is open only to lap swimmers ages 13 & up and scheduled swim lessons on Saturdays until noon.

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool		
7:00 AM	Commanders			Open only for Lap Swimming ages 13 and older							Deep H2O	
7:30 AM												
8:00 AM												
8:30 AM	Lessons		Open only for Lap Swimming ages 13 and older		Lessons					Deep H2O		
9:00 AM												
9:30 AM												
10:00 AM												
10:30 AM												
11:00 AM												
11:30 AM	Lessons		Open only for Lap Swimming ages 13 and older		Lessons					Deep H2O		
12:00 PM												
12:30 PM												
1:00 PM												
1:30 PM												
2:00 PM												
2:30 PM	Viking Ship			Open only for Lap Swimming ages 13 and older							Deep H2O	
3:00 PM												
3:30 PM												
4:00 PM												
4:30 PM												
5:00 PM												
5:30 PM												

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

Sunday Pool usage schedule for Fall 2016



The pool is open only to lap swimmers ages 13 & up and scheduled swim lessons on Sundays until noon.
 After 6pm the spa is closed and the pool is open only to group lessons and the rental swim team.

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool
7:00 AM	Open only for Lap Swimming ages 13 and older									
7:30 AM										
8:00 AM										
8:30 AM	Rental									
9:00 AM				Lessons						
9:30 AM										
10:00 AM	Lessons									
10:30 AM										
11:00 AM	Lessons									
11:30 AM										
12:00 PM										
12:30 PM										
1:00 PM				Viking Ship						
1:30 PM										
2:00 PM				Viking Ship						
2:30 PM										
3:00 PM				Viking Ship						
3:30 PM										
4:00 PM	Lessons									
4:30 PM										
5:00 PM	Lessons									
5:30 PM										
6:00 PM				Rental						
6:30 PM										

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